

# THE TOP 100\* HEALTH CLUBS OF 2020



Rank	Company	2019 Revenue (Millions)	Revenue Change from 2018 <sup>1</sup>	Founded	# Sites in 2019	# of States Operate In 2019	# Employees in 2019	# Memberships in 2019	# Clubs to Acquire/ Build in 2020	Single Membership Dues	Household/ Family Membership Dues	Profile
1	LA Fitness, Irvine, CA www.lafitness.com	2,150**	NA	1984	NA	NA	NA	NA	NA	NA	NA	Multipurpose clubs
2	Life Time, Chanhassen, MN www.lifetimefitness.com	1,900**	NA	1992	NA	NA	NA	NA	NA	NA	NA	Fitness, family recreation and spa destination
3	24 Hour Fitness, San Ramon, CA www.24hourfitness.com	1,471**	NA	1983	NA	NA	NA	NA	NA	NA	NA	Multipurpose clubs
4	ClubCorp, Dallas www.clubcorp.com	1,200	4.9%	1957	196 (O), 17 (M)	27	18,000	172,000	0	Varies	Varies	Owner-operator of private golf and country clubs, city and stadium clubs
5	Equinox Holdings (Equinox, Blink, Pure Yoga)***, New York, NY www.equinox.com	1,178**	NA	1991	NA	NA	NA	NA	NA	NA	NA	Portfolio includes Equinox, Blink, Pure Yoga and SoulCycle brands***
6	Planet Fitness, Inc., Hampton, NH www.PlanetFitness.com	688.80 <sup>+</sup>	20.2%	1992	98 (O), 2001 (F)	50	NA	14,400,000	NA	\$10	NA	Franchisor and operator of fitness centers
7	Town Sports International Holdings Inc., Jupiter, FL www.mysportsclubs.com	466.76**	5.3%	1973	186	NA	9,200	NA	NA	Varies	Varies	Owner of New York Sports Clubs, Boston Sports Clubs, Washington Sports Clubs, Philadelphia Sports Clubs, Lucille Roberts, Total Woman Gym and Spa, Palm Beach Sports Clubs, Christi's Fitness, Around the Clock Fitness, LIV Fitness
8	Bay Club, Pleasanton, CA www.bayclubs.com	302.58	2.6%	1977	24 (O)	2	4,600	71,589	0	\$200-\$900	\$400-\$1,100	Active lifestyle company with a collection of resort-inspired properties
9	United PF Holdings, Austin, TX www.planetfitness.com	246**	NA	2016	NA	NA	NA	NA	NA	\$10	NA	The largest Planet Fitness franchisee group
10	Orangetheory Fitness, Boca Raton, FL www.orangetheory.com/en-us/	243.49 <sup>+</sup>	35.4%	2010	16 (O), 1317 (F)	50	383	959,999	0 (A), 99 (B)	Varies	Varies	Franchisor of clubs that offer a scientifically designed group training workout
11	Crunch Fitness, New York www.crunch.com	200 <sup>+</sup>	10%	1989	55 (O), 290 (F)	30	3,000	1,541,000	1 (B) 40 (F)	\$9.95-\$99	NA	Health club operator and franchisor
12	EXOS, Phoenix, AZ www.teamexos.com	185.40	3%	1999	56 (O), 452 (M)	41	4,674	352,372	1 (B)	NA	NA	Provider of health and performance for elite athletes, the military and other companies

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<b>13</b>	Xponential Fitness LLC, Irvine, CA www.xponential.com	164.89*	43.2%	2017	4 (O), 1456 (F)	48	341	348,424	NA	\$59 - \$360	NA	Portfolio includes Club Pilates,CycleBar, StretchLab, Row House, AKT, YogaSix, Pure Barre and Stride
<b>14</b>	Chelsea Piers Connecticut, Stamford, CT www.Chelseapiers.com	145	5%	1995	3 (O)	2	1,600	15,800	1 (B)	\$160-\$200	\$265-\$310	Multipurpose fitness, competitive team and recreational sports
<b>15</b>	Midtown Athletic Clubs, Chicago www.midtown.com	138	6%	1969	8 (O), 23 (M)	7	2500	65,000	2 (A)	\$200	\$400	Owner of luxury sports resorts and manager of hospital, corporate and amenity wellness/fitness centers
<b>16</b>	Excel Fitness Holdings, Austin, TX www.planetfitness.com	136**	NA	1992	NA	NA	NA	NA	NA	\$10	NA	One of the largest Planet Fitness franchise groups
<b>17</b>	VASA Fitness, Englewood, CO www.vasafitness.com	118	32%	2014	45 (O)	6	2,700	400,000	0	\$9.99	Varies	High-value, low-price operator of fitness clubs
<b>18</b>	Fitness Formula Clubs, Chicago www.ffc.com	66	8%	1984	11 (O), 4 (M)	1	1,085	NA	N/A	\$100	\$175	Owner/operator of urban lifestyle full-service fitness clubs with medical components
<b>19</b>	East Bank Club, Chicago www.eastbankclub.com	65	3%	1980	1 (O)	1	680	11,648	0	\$210	\$350	A fitness, sports and dining facility
<b>20</b>	Powerhouse Gyms International, Novi, MI www.Powerhousegym.com	57	3%	1974	31 (O)	28	9,500	1,800,000	2 (A), 3 (B), 12 (F)	\$29.99	\$24.99	Owner of clubs and licensor of name to independent owners
<b>21</b>	Village Health Clubs, Phoenix, AZ www.villageclubs.com	49.20	4%	1990	4 (O)	1	900	11,600	0	\$187	\$333	Premier healthy lifestyle clubs
<b>22</b>	Mountainside Fitness, Scottsdale, AZ www.mountainsidefitness.com	46.10	2.75%	1991	18 (O)	1	1,300	103,062	2 (B)	\$44.50	\$101.50	Full-service fitness centers
<b>23</b>	The Houstonian Club, Houston www.houstonian.com	41.18	2.6%	1980	1 (O)	1	312	5,462	0	\$398	\$526	Private, high-end health club operator
<b>24</b>	Active Wellness LLC, San Francisco www.activewellness.com	40.53	0%	2014	48 (M)	10	972	36,938	0	\$100	\$250	Developer and operator of full-service, multi-purpose athletic clubs

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# CLUB INDUSTRY THE TOP 100 HEALTH CLUBS OF 2020



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25	Urban Adventure Companies dba VIDA Fitness, Washington, DC www.vidafitness.com	34	9%	2006	6 (O)	1	376	16,233	1	\$119 - \$159	NA	Fitness and lifestyle brand with health clubs, salons and spas
26	Merritt Clubs, Baltimore www.merrittclubs.com	33	5%	1977	9 (O), 6 (M)	1	976	21896	0	\$109	\$210	Full-service health club operator
27	Healthworks Group, Boston www.healthworksgr.com	31.40	-1%	1977	7 (O), 28 (M)	1	489	28,000	0	\$25-\$145	NA	Operator of premium woman-only clubs, premium co-ed clubs, low-priced clubs, nonprofits and managed sites for corporate wellness.
28	The Atlantic Club Inc., Manasquan, NJ www.theatlanticclub.com	28.53	-0.54%	1977	2 (O)	1	768	8,666	0	\$117	\$306	Multipurpose clubs with salon, spa and nursery school
29	Columbia Association, Columbia, MD www.columbiaassociation.org	27.50	0%	1967	35 (O)	1	850	20,000	0	NA	NA	Nonprofit community services organization
30	California Athletic Clubs, Santa Barbara, CA www.caclubs.com	27	3%	2011	7 (O)	2	675	7,800	0	\$69-\$150	\$150-\$350	Owner and operator of multipurpose health and tennis clubs
31	Longfellow Health Clubs, Wayland, MA www.longfellowhealthclubs.com	24.10	7%	1972	7 (O)	3	800	10,000	0	\$99-\$145	\$199	Owner of multipurpose health and tennis clubs
32	Bailey's Health & Fitness, Jacksonville, FL www.Baileysgym.com	23.50	2%	1981	16 (O)	2	450	65,000	1 (B)	\$19.99	\$34.99	Owner of multipurpose health clubs
33	Corporate Sports Unlimited, Austell, GA	22.76	-3%	1980	24 (O), 24 (M)	3	380	82,750	4 (A), 2 (B)	\$45	None	Health club management business for companies, office parks, universities and hospitals
34	Newtown Athletic Club, Newtown, PA www.newtownathletic.com	19.70	4.1%	1978	2 (O), 2 (M)	1	378	5,200	0	\$149	\$294	A multipurpose lifestyle club
35	Saw Mill Sports Management, Mt. Kisco, NY www.Sawmillclub.com	18.20	0%	1972	2 (O)	1	325	10,500	0	\$159	\$349	Premier multi sport operator
36	Gainesville Health Fitness Center Inc., Gainesville, FL www.ghfc.com	17	2.1%	1978	3 (O)	1	388	28,015	0	\$56	\$56	Owner of full-service fitness facilities

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37	9Round Franchising LLC, Simpsonville, SC www.9round.com	16.16*	11%	2008	7 (O), 789 (F)	41	46	108,632	50 (F)	\$78-\$160	NA	Kickboxing-themed fitness studios
38	Sports & Fitness Edge Inc., South Burlington, VT www.edgevt.com	15	1%	1966	6 (O)	1	350	12,200	0	\$82	\$139	Provider of multipurpose health clubs, physical therapy, preschools and preventative care
39	Club Greenwood, Greenwood Village, CO www.clubgreenwood.com	13.72	-0.15%	1987	1 (O)	1	239	3,665	0	\$193	\$309	Owner of luxury health club
40	Little Rock Athletic Centers LLC, Little Rock, AR www.LRAC.com	13.52	1.3%+	1985	3 (O), 1 (M)	1	385	6,472	0	\$103	\$152	Owner of multipurpose health clubs
41	Eastern Athletic Club LLC, d/b/a Hockessin Athletic Club, Hockessin, DE www.hachealthclub.com	13.10	2.60%	2007	1 (O), 1 (M)	1	387	4,845	0	\$96	\$215	Family and community-oriented health club
42	Axiom Fitness, Boise, ID www.axiomfitness.com	12.92	3%	2001	4 (O)	1	350	27,582	0	\$27	NA	Owner of full-service health clubs specializing in personal training and group exercise
43	Dedham Health and Athletic Complex, Dedham, MA www.Dedhamhealth.com	12.60	3%	1972	1 (O)	1	144	6,265	0	\$129	\$290	Health, recreation and medical wellness facility
44	Cooper Aerobics Enterprises Inc., Dallas www.cooperaerobics.com	12.55	1.3%	1970	1 (O)	1	201	3,657	0	\$180	\$290	Comprehensive health and wellness facility
45	Beacon Health & Fitness, Granger, IN www.BeaconHealthandFitness.org	12.29	21.2%	1982	3 (O)	1	210	14,150	0	\$49	\$99	Medically integrated full-service fitness facility
46	Sparrow Michigan Athletic Club, East Lansing, MI www.themac.org	12.24	2.57%	1991	1 (O), 1 (M)	1	451	5,425	NA	\$123	\$210 / family - \$179 / couple	Upscale, multipurpose, hospital-based facility
47	The Camp Transformation Center, Chino Hills, CA www.thecamptc.com	12.19*	5.2%	NA	10 (O), 101 (F)	12	100	25,000	10 (F)	\$117	\$97 add on for family	Franchisor of clubs focusing on physical transformation
48	Weymouth Club Inc., Weymouth, MA www.weymouthclub.com	12.12	8%	1988	1 (O)	1	250	4,021	0	\$107	\$229	Full-service, family-focused health and fitness club

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49	Rochester Athletic Club Inc., Rochester, MN www.racmn.com	11.30	4.9%	1993	1 (O)	1	347	5,300	0	\$83	\$182	Multipurpose health club
50	Ascension Genesys Health Club, Grand Blanc, MI www.ascensiongenesys-healthclub.com	9.10	0%	2001	1 (O), 1 (M)	1	263	8,429	0	\$104	\$175	Multipurpose health club
51	Fit Factory, Quincy, MA www.fitfactoryclubs.com	8.39	38.5%	2017	6 (O)	2	578	24,000	1 (B)	\$10.00, \$19.99, \$29.99	NA	Full-service gym
52	HealthQuest of Central Jersey, Flemington, NJ www.HQfit.com	8.33	0.36%	2001	1 (O)	1	351	3,575	0	\$89	\$199-\$239	Multipurpose fitness and athletic facility
53	Universal Athletic Club, Lancaster, PA www.universalathleticclub.com	8.10	6.5%	1994	1 (O)	1	240	5,500	0	\$86	\$175	Multipurpose, family-oriented club
54	Stone Creek Club and Spa, Covington, LA www.stonecreekclubandspa.com	7.83	7%	2009	1 (O), 1 (M)	1	194	2,061	0	\$136	\$258	High-end resort club
55	The Arena Club, Bel Air, MD www.thearenaclub.com	7.13	5.71%	2003	1 (O)	1	192	3,670	0	\$107.25	\$223	Multipurpose fitness, wellness and recreation center
56	Prime Time Athletic Club, Burlingame, CA www.PrimeTimeAthleticClub.com	7.10	7.5%	1979	1 (O)	1	110	4,815	0	\$105	\$195	Full-service, family-friendly athletic facility
57	Physiq Fitness, Salem, OR www.physiqfitness.com	6.58	7%	2007	4 (O)	1	100	NA	NA	\$10-\$40	NA	Owner of value-priced fitness facilities
58	TruFusion, Henderson, NV www.trufusion.com	6.54*	16%	2013	2 (O), 9 (F)	7	278	12,181	5 (F)	\$109-\$169	NA	Fitness franchisor of yoga, Pilates, kettlebell, cycling, barre, bootcamp, HIIT and other classes
59	TriHealth Fitness & Health Pavilion, Cincinnati, OH www.trihealthpavilion.com	6.37	2.3%	1996	1 (O)	1	135	4,087	0	\$59	\$165	Medically certified fitness center
60	Integrated Wellness Partners LLC, Akron, OH www.iwp-llc.com	6.16	8%	2011	3 (O)	2	203	5,600	1 (B)	\$69	\$118	Health and wellness management solutions for health systems, universities and municipalities

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61	Club Northwest, Grants Pass, OR www.clubnw.com	6.10	8%	1997	1 (O)	1	140	3,444	0	\$65	\$99	Owner of multipurpose club with a full medical spa
62	LifeBridge Health and Fitness, Pikesville, MD www.lifebridgehealth.org	5.34	3%	1995	1 (O)	1	130	4,000	0	\$96	\$177	Owner of multipurpose health club
63	Premier Health and Fitness Center Inc., Tallahassee, FL www.premiertlh.com	5.18	2%	2000	1 (O), 1 (M)	1	100	9,890	0	\$45	\$39.50	Multipurpose, hospital-affiliated health club
64	Boston Athletic Club, Boston www.bostonathleticclub.com	5	12%	1973	1 (O)	1	92	3,942	0	\$109	NA	Multipurpose health club
65	Energy Fitness, St. James, NY www.energyfitness.com	4.59	0%	2003	4 (O)	1	140	4,500	0	\$85	\$200	Personal training and small group training studio owner
66	Auburn Racquet Club Inc., Auburn, CA www.ar-fc.com	3.98	1%	1992	1 (O), 1 (M)	1	96	2,378	0	\$98	\$199	Multi-sport, family-oriented health club
67	Discover Strength, Chanhassen, MN www.discoverstrength.com	3.91	10%	2006	5 (O)	1	43	1,195	1 (B), 3 (F)	\$140-\$448	NA	Owner of 30-minute personalized strength-training workout facilities
68	Buffalo Grove Fitness Center, Buffalo Grove, IL www.bgfitness.org	3.62	1%	2000	1 (O), 1 (M)	1	153	3,890	0	\$55-\$73	\$44 add on	Full-amenity fitness center
69	LifeWorks of Southwest General, Middleburg Heights, OH www.lifeworksfitness.net	3.45	5%	1999	1 (O)	1	80	5,118	0	\$68	\$122	A full-service fitness center that is a for-profit department of a hospital
70	TELOS Fitness Center, Dallas www.telosfitnesscenter.com	3.10	0%	2003	1 (O)	1	31	1,250	0	\$99	\$169	Health and fitness club
71	Orchard Hills Athletic Club, Lancaster, MA www.oahclub.com	2.90	5%	1984	1 (O), 1 (M)	1	100	3,600	0	\$68	\$135	Full-service athletic and wellness club with hospital affiliation

Because of issues with data collection due to the COVID-19 pandemic, the 2020 Top 100 Clubs list includes 71 companies rather than 100.

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